

Registration

Name _____

Address _____

Phone _____

Email _____

REGISTRATION DEADLINE: SEPT. 15

Early Bird Registration (before July 31):

\$40 per person _____

Registration after July 31:

\$45 per person _____

Children (3-10 years old):

\$10 per child _____

Children (under 3): FREE

Total Registration Cost: _____

Registration at door \$45. (No lunch provided.)

NO CHILDREN'S PROGRAM
NO CREDIT CARDS ACCEPTED

Make checks payable to: **Iowa Celiacs**
Please send registration form and check to:

Betty Bast
2028 190th Street
Waverly, Iowa 50677
319-231-0107
bastbetty13@gmail.com

Iowa Celiacs
Betty Bast
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Waverly, Iowa 50677



**2018
Iowa Celiac
Conference**
Marion, Iowa
Saturday, Sept. 29
7:30 a.m. - 4 p.m.



PRAIRIE HILL PAVILION

5680 Kacena Ave.
Marion, Iowa 52302
317-721-8327

Conference Highlights

Gluten-free Vendor Fair

Accredited Speakers

Gluten-free Luncheon

Provided by Prairie Hill Pavilion Catering

Conference Schedule

7:30-8:45 a.m. — Registration and Vendor Fair

9-10:30 a.m. — Dr. Hilary Jericho
The Latest on Celiac Standards and Research

10:45-11:45 a.m. — Judy Fitzgibbons
Truth in Gluten-free Labeling: Eat Well, Eat Safely

11:45 a.m.-1 p.m. —Gluten-free Luncheon

1-2 p.m. — Kristen Richardson
The Emotional Side of Celiac Disease

2:15-3:15 p.m. — Panel Discussion
Growing Up Celiac
Sarah & Lily Dralle
Mike, Carrie Klatt & Tiffany

3:15-3:45 p.m. — Vendor Fair/Door prizes

Luncheon Menu

Meat choice:
roast beef, roasted pork loin or ham
new potatoes
green beans
tossed salad and dressing
fruit salad
Drinks:
water, lemonade, tea and pop

HILARY JERICHO, MD, MSCI

Dr. Hilary Jericho is Assistant Professor of Pediatrics and Director of Pediatric Clinical Research at the University of Chicago's Celiac Disease Center. Dr. Jericho's clinical work and research focusing on celiac disease has resulted in multiple publications and a number of awards. She has given presentations locally and regionally.



JUDY FITZGIBBONS, MS, RD, LD

Judy Fitzgibbons has been a registered dietitian for more than 40 years. Prior to joining Hy-Vee in Cedar Rapids as an in-store dietitian 15 years ago, she supervised out-patient nutrition and weight management programs for St. Luke's Hospital in Cedar Rapids, was a nutrition and wellness consultant for several Iowa corporations, wrote a nationally syndicated newspaper column about nutrition and taught college-level credit and continuing education classes. She earned a bachelor's degree in home economics from Oregon State University and a master's degree in human nutrition from Iowa State University.



KRISTEN RICHARDSON, ARNP

Kristen is a Psychiatric Nurse Practitioner. Following her passion, Kristen created a Holistic Mental Health Care Private Practice in 2005. One of the many things Kristen has the honor of doing is supporting individuals and families with the emotions of chronic health challenges.



Area Hotels

Microtel Inn and Suites — \$80
5500 Dyer Ave., Marion, Iowa
319-373-7400

Quality Inn — \$80
4747 First Ave. S.E. or 5055 Rockwell Dr.
Cedar Rapids, Iowa
319-393-8800

LaQuinta Hotel — \$89
1220 Park Place N.E., Cedar Rapids, Iowa
319-378-8000

Book early as other events will be happening that weekend. Check online for other area hotels.

Restaurants

Biaggi's Ristorante Italiano
320 Collins Rd NE
Cedar Rapids
(online gluten-free menu)

Culver's
1375 Red Fox Way
Marion
(close to Prairie Pavilion)

Mandarin Spice Asian Grill
1412 Twixt Town Rd.
Marion
(check sauces for gluten-free options)

Outback Steak House
3939 First Ave S.E.
Cedar Rapids
(online gluten-free menu)

Red Robin Gourmet
Burgers & Brews
4625 First Ave. S.E.
Cedar Rapids
(allergen list online)

Zeppelins Bar & Grill
5300 Edgewood Rd. N.E.
Suite 500
Cedar Rapids
(online gluten-free menu)

NewBo City Market
District (great place to visit)
• That One Cupcake Place
1100 3rd St. S.E.
• ChromeHorse Saloon
1140 Blairs Ferry Rd NE
(online menu)
• Fong's Pizza & Tiki Bar
1006 3rd St. S.E.
(online menu)